



GREAT
RIVERS
BEHAVIORAL HEALTH
ADMINISTRATIVE SERVICES ORGANIZATION

Cowlitz • Grays Harbor • Lewis • Pacific • Wahkiakum



2022 Great Rivers Regional FYSPRT (Family Youth System Partner Round Table) Community Needs Survey



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Agenda

- Purpose of the Community Needs Survey
- Review results from the Youth/Young adult survey
- Review results from the Adult/Caregiver survey
- Next steps
- Questions



Purpose

- Meets our State Deliverable Needs Assessment requirement that we will do every two years for our FYSPRT contract
- Influences our 2023/2024 Work Plan
- Helps us expand youth and family voice and choice
- Helps us identify any themes in gaps and barriers that community members face throughout the region



Youth/Young Adult survey results (12yr to 24yr)

- **8** youth participated
- Preferred Pronouns: **4** reported She/Her, **1** no preference, **2** reported They/Them, **1** reported not being comfortable sharing
- Race/Ethnicity: **2** reported Hispanic, **1** reported Mexican American, **1** reported Black/Latina, **3** reported White/Caucasian, **1** Asian/White



1. Thank you for taking a few minutes to help us understand your community needs. Please know that we don't ask for your name, only an email (if you'd like a gift card) that **WILL NOT** be shared with anyone. What age group are you currently in? You must live in one of our five counties to be eligible for this survey.






● 12yrs to 15yrs	2
● 16yrs to 18yrs	3
● 19 yrs to 24yrs	3



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2. What County do you live in?

 Cowlitz County	3
 Lewis County	1
 Grays Harbor County	4
 Pacific County	0
 Wahkiakum County	0



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Have you or another youth/young adult that you know of needed mental health or substance use services but could not get them?

● Yes	2
● No	3
● Maybe	3



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7. If you or someone you know have tried to get mental health or substance use services, did you or someone receive those services within a couple of weeks?

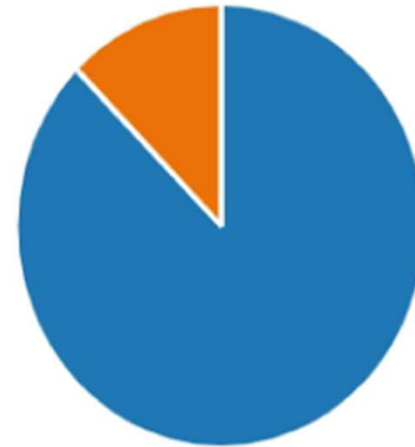
- Yes, was seen within a couple of... 1
- Yes, but was almost a month 3
- No, it took longer than a month 0
- Was never seen 2
- This does not apply to me 2





8. Have you or another youth/young adult you know of ever experienced a crisis and needed support before?

 Yes	7
 No	1
 Maybe	0
 Prefer not to say	0





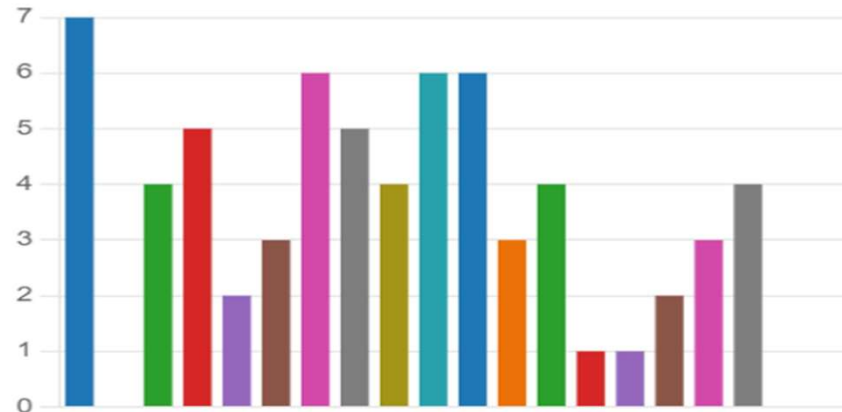
Question: Are you receiving, or have you ever received any of the services/resources below? If yes, please check all services that you've received or are receiving.

See results on the next slide.....

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● Mental Health Therapy/Counseli...	7
● Substance Use Therapy/Counsel...	0
● Hotline support (Crisis services, ...	4
● Hospitalization (mental health/s...	5
● Support groups/clubs	2
● Housing/shelters support	3
● Free/reduced lunches through s...	6
● Food boxes (including holiday f...	5
● SNAP-Food assistance	4
● Clothing bank/closet	6
● School supplies	6
● Basic needs from a support hou...	3
● IEP/504 Plan through school	4
● After School Programs	1
● Developmental Disabilities Servi...	1
● Foster care or DCYF services	2
● Dental Care	3
● Medical Care	4
● I don't know/not sure	0



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10. If you needed any of the services listed above, do you feel you know how to find them where you live?

 Yes	5
 No	2
 Maybe	1



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11. Are there any resources/services (listed above or other ones not listed) that you would like information on? If yes, please let us know which ones. If no, please skip.

2 Responses

ID ↑	Name	Responses
1	anonymous	Food benefits
2	anonymous	Dental Care



12. Are there any resources/services that could help you or someone you know but you don't know if they are in your community? If yes, please let us know what kind of servic...

3 Responses

ID ↑	Name	Responses
1	anonymous	not sure
2	anonymous	I cannot think of any resources I am aware of
3	anonymous	RTC



14. What is a service/resource for youth & young adults that you think would be great to have in your community?

8 Responses

1	anonymous	more board games, card games during events
2	anonymous	Planned parenthood
3	anonymous	More housing support for youth
4	anonymous	Open Public Support groups for Teens LGBTQ and Have mental health issues
5	anonymous	I'm unsure. I recently moved here so I don't know a whole lot. But maybe more gas voucher type things. Because gas is really expensive. Which can make it difficult for youth to be independent. Especially if they rely on 1 vehicle to get around.
6	anonymous	RTC
7	anonymous	Eating disorder groups around here
8	anonymous	Financial aide for rent/clothes/food/house supplies

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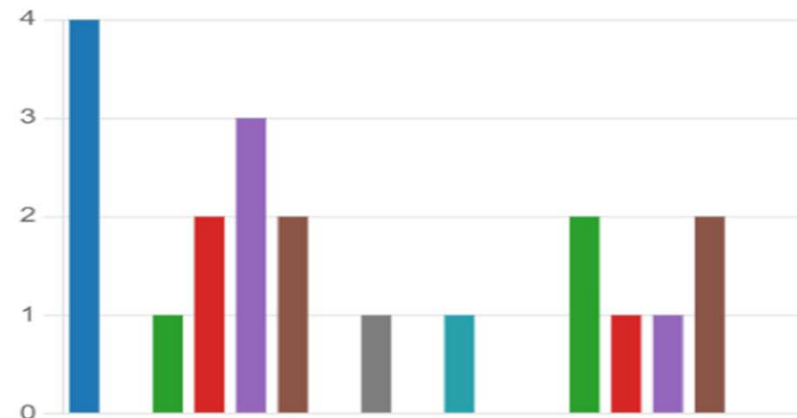
Question: Have you experienced barriers (something preventing you) to get services for yourself or for others? Select all that are true for you.

See results on the next slide.....

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- Lack of transportation (gas \$, no... 4
- I live too far away from any reso... 0
- I don't know what services are i... 1
- Not having enough money 2
- Limited insurance coverage or n... 3
- Personal (feeling embarrassed/u... 2
- Don't have good access to phon... 0
- Scheduling problems (ex: appoi... 1
- Don't know where to start or wh... 0
- Don't trust other's very much 1
- Don't have someone to help me... 0
- Privacy issues or worries 0
- My therapist/counselor keeps c... 2
- Long waitlist to start my services 1
- Don't like the environment of th... 1
- I have had a bad experience bef... 2
- COVID-19 (shutdown, illness) 0
- Something else 0
- I haven't experienced any barriers 0



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What kinds of support/help do youth & young adults really need these days? All ideas are welcomed!

1. "Somewhere they feel safe enough to talk really. Sometimes people aren't comfortable talking to their own parents."
2. "Activities that happen away from schools. Even like friendly basketball games all youth can participate. Or a day where all kids can join in and learn to play foot bag do small groups."
3. "Housing support, the current programs haven't kept up with the rising costs of rent in the area and make it virtually impossible to actually find housing within the parameters of many local housing programs."
4. "I feel like they need help on Self confidence and Making new connections."
5. "I would have to say that with school starting back up definitely more chances to make up credits and or even just to gain credits based off more broad criteria. Because school can be stressful. I don't see why school should have to be a big hard experience. Some push back is good. But a lot of kids will have a hard time and with the limited resources when it comes to that."
6. "Independent living in transitional support."
7. "Eating disorder groups around here."
8. "Support groups."



16. Do you feel that your community has enough services/resources to meet everyone's needs?

- Yes 0
- No 4
- Maybe 4



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17. Do you think that most youth & young adults know how to get help if they needed it?

- Yes 3
- No 4
- Maybe 1



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Adults/Caregiver survey results

- **17** adults/caregivers participated
- **9** reported She/Her, **1** He/Him, **7** not comfortable sharing
- Race/Ethnicity: **13** reported white, **4** did not answer



1. Thank you for taking a few minutes to help us understand your community needs. Please know that we don't ask for your name, only an email (if you'd like a gift card) that WILL NOT be shared with anyone. What County do you live in? You must live in one of our five counties to be eligible for this survey.


 Cowlitz County	8
 Lewis County	2
 Grays Harbor County	6
 Pacific County	1
 Wahkiakum County	0

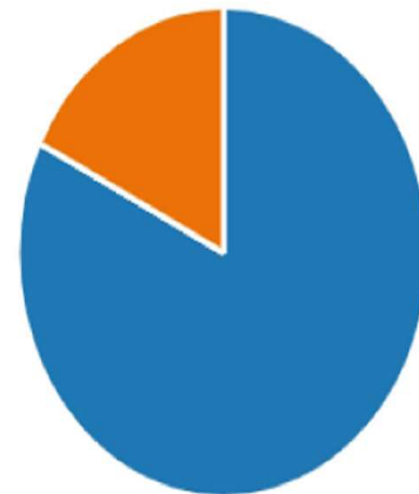


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2. Do you have any children or dependents in your household that you care for?

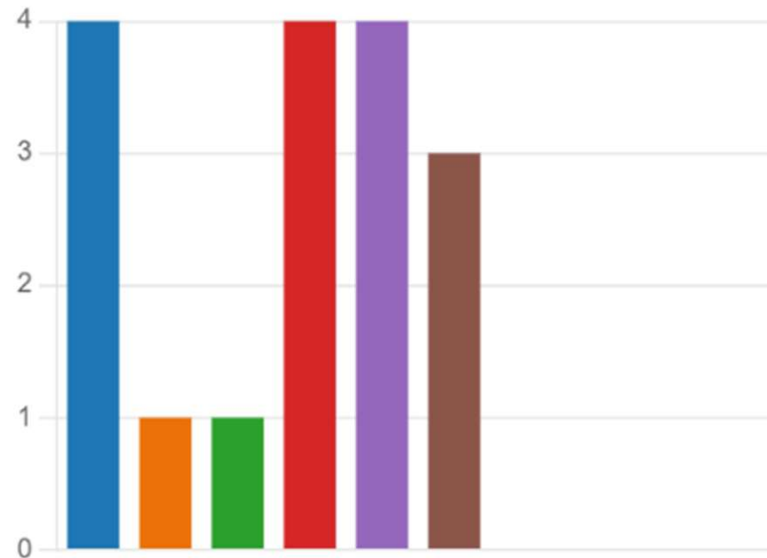
 Yes	14
 No	3
 Maybe	0





6. We understand that insurance can really impact people getting services they need so we are hoping to find out what types of insurance people have or maybe don't have. Please select what applies to you.

Molina HC	4
United HC	1
Community Health Plan of WA (...)	1
Amerigroup	4
Medicare	4
Private/Commercial	3
TRICARE (veterans)	0
I don't have insurance	0
I don't know	0
Prefer not to say	0





7. Have you or someone you know of needed mental health or substance use services but could not get them?

● Yes	11
● No	6
● Maybe	0





8. If you or someone you know have tried to get mental health or substance use services, did you or someone receive those services within a couple of weeks?

- Yes, was seen within a couple of... 3
- Yes, but was almost a month 1
- No, it took longer than a month 9
- Was never seen 1
- This does not apply to me 3





9. Have you or someone you know of ever experienced a crisis and needed support before?

● Yes	15
● No	2
● Maybe	0
● Prefer not to say	0





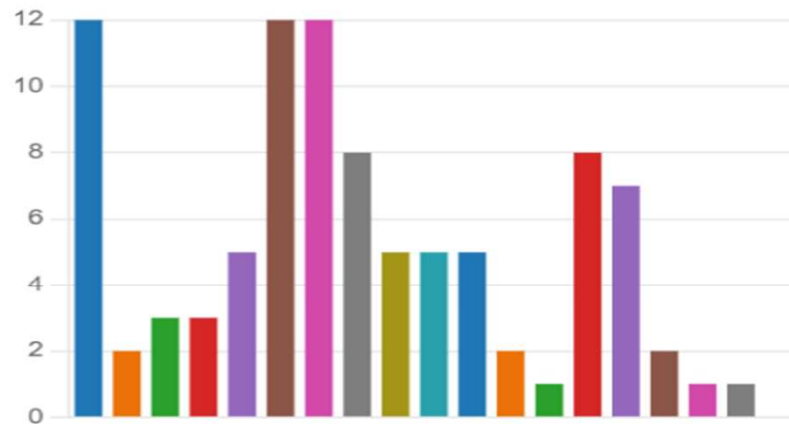
Question: Are you receiving, or have you ever received any of the services/resources below? If yes, please check all services that you've received or are receiving.

See results on the next slide.....

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- Mental Health Therapy/Counseli... 12
- Substance Use Therapy/Counsel... 2
- Hotline support (Crisis services, ... 3
- Hospitalization (mental health/s... 3
- Any support groups/clubs for w... 5
- Food boxes/bank (including holi... 12
- SNAP- Food assistance 12
- Clothing bank/closet 8
- Rental assistance 5
- Housing/shelters support 5
- Utilities assistance (electric, gas, ... 5
- Basic needs from a support/safe... 2
- Developmental Disabilities Servi... 1
- Dental Care 8
- Medical Care 7
- Department of Children Youth ... 2
- Respite Care 1
- Assistance to help pay for legal ... 1
- I have not used any of the servic... 0



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Are there any resources/services (listed above or other ones not listed) that you would like information on? If yes, please let us know which ones. If no, please skip.

Legal **Knowledge**
respite resources disabled autism assessments issues
Adult autism law case **family** family law anxiety and ability
family members caregivers
laptop Affordable housing visits with my kids assistance
school able to have visits



11. If you needed any of the services listed above, do you feel you know how to find them where you live?

 Yes	10
 No	4
 Maybe	3



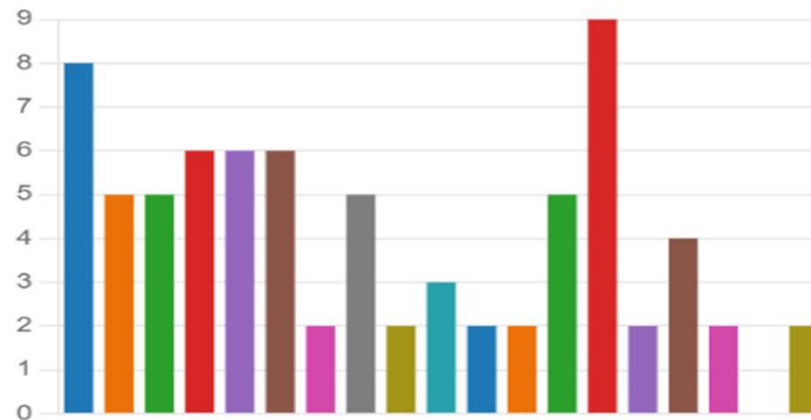


Question: Have you experienced barriers (something preventing you) to get services for yourself or for others? Select all that are true for you.

See results on the next slide.....



- Lack of transportation (gas \$, no... 8
- I live too far away from any reso... 5
- I don't know what services are i... 5
- Not having enough money 6
- Limited insurance coverage or n... 6
- Personal (feeling embarrassed/u... 6
- Don't have good access to phon... 2
- Scheduling problems (ex: appoi... 5
- Don't know where to start or wh... 2
- Don't trust other's very much 3
- Don't have someone to help me... 2
- Privacy issues or worries 2
- My therapist/counselor keeps c... 5
- Long waitlist to start my services 9
- Don't like the environment of th... 2
- I have had a bad experience bef... 4
- COVID-19 (shutdown, illness) 2
- Something else 0
- I haven't experienced any barriers 2



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Are there any resources/services that could help you or someone you know but you don't know if they are in your community? If yes, please let us know what kind of services could help. If no, just skip.

salvation army Support Groups behavior therapy county fairgrounds tent city
opioid dependence homeless families Cowlitz county **community** parking lot
law enforcement **parents**
homeless need ticket for being homeless families with kids
Disorder Support ascent core Literacy Groups safe space classes for parents

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15. What is a service/resource that you think would be great to have in your community?

8 Responses

1	anonymous	respite care for families with mentally ill children. i think it would cut down on hospital stays.
2	anonymous	Help for mental patients that won't help themselves
3	anonymous	More dentists that accept Medicaid (not just accept it until they have reached a quota of patients)
4	anonymous	self help education
5	anonymous	see above
6	anonymous	Not sure at this time
7	anonymous	Not sure at this time
8	anonymous	Budget classes, more housing/shelters or park and stay options with resources there.




What kinds of support/help do individuals or families really need these days? All ideas are welcomed!

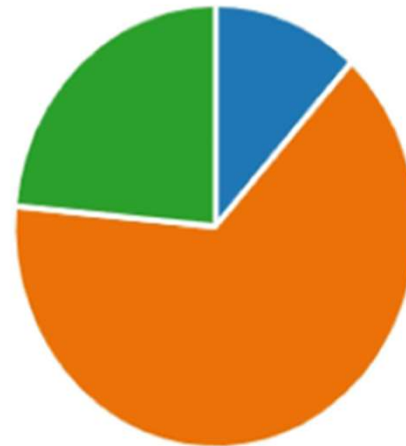
developmental disabilities
activities for kids Resource advocates respite care Housing and food parenting plans
Affordable housing
family events support groups **no** **Housing** right step
pool for exercise **No idea** resources **Services** Places for youth
quality childcare similar issues homeless experience

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17. Do you feel that your community has enough services/resources to meet everyone's needs?

 Yes	2
 No	11
 Maybe	4

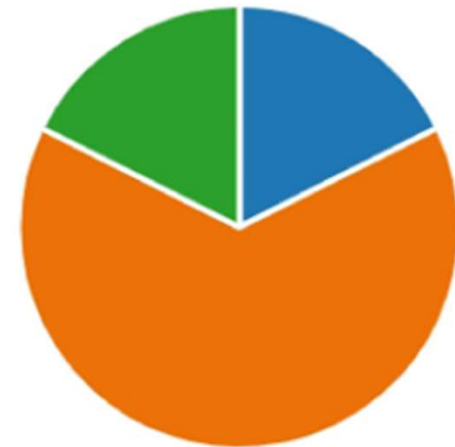


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18. Do you think that most individuals know how to get help if they needed it?

● Yes	3
● No	11
● Maybe	3



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Next Steps

- Will be sending out gift cards to those who participated as part of compensation for time spent.
- Will be following up with those who shared that they need more info about resources in their community.
- Will be updating our current Work Plan by getting feedback from the Regional FYSPRT group. Our updated 2023/2024 FYSPRT Work Plan will be posted on our website www.grbhaso/fysprt